

Art, Health & Wellbeing

National Center for Art Research (NCAR), National Museum of Art

NCAR was established in March 2023 as a new hub for social connection, linking Japanese and international museums and research institutes, with the focus of “connecting, deepening, and expanding art.” With an eye on international trends, it will conduct research in specialist fields, disseminate information domestically and globally, promote the use of its collections, build human networks, expand learning, and support artists. We aim for a future in which we can all discover new values and potential through art.



<https://ncar.artmuseums.go.jp/>

Arts-based Communication Platform for Co-creation to Build a Convivial Society

In 2023, Tokyo University of the Arts, in collaboration with the National Museum of Arts, the private sector, and local government launched an initiative called the “Arts-based Communication Platform for Co-creation to Build a Convivial Society”. The project supports collaborative research that transcends the boundaries of art, welfare, medicine, and technology. It aims to develop cultural prescriptions and strengthen cultural activities that create social connections. Art communication is viewed as a means of creating new pathways towards a more inclusive society, envisioning a world where everyone can be themselves, and within the context of Japan’s “super aging society” ensure that no one is left behind.

*This Creative Forum is supported by the Programme on Open Innovation Platforms for Industry-academia Co-creation (COI-NEXT) of the Japan Science and Technology Agency.



<https://kyoso.geidai.ac.jp/>

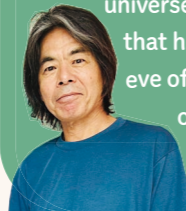


During the years of the pandemic, the focus on wellbeing - the health of the body, mind and society - was heightened and the power of art was challenged. While there were more opportunities to experience art online, there was also a real sense of excitement in encountering artworks in real life at museums. What does it mean to “live well” with art? Let’s think about it together at the museum.



Mami Kataoka
Director
National Center for Art Research

The feeling that there are moments when time stretches and shrinks...the sensation of drifting softly while trying to remember colours...the floating sensation of not being able to get anywhere while thinking about what existed before the universe was created. These are the sensations that human beings have been carrying since the eve of the birth of life. They are the source of our ability to live vibrantly, and it is art that takes us to that place.



Katsuhiko Hibino
President
Tokyo University of the Arts

Registration



Participate in person

Monday, 7 August - Monday, 4 September

Participate online

Monday, 7 August - Friday, 29 September

<https://ncar.artmuseums.go.jp/en/about/learning/forum/>

Access

3rd Floor Auditorium,
The National Art Center, Tokyo

7 Chome-22-2 Roppongi, Minato City, Tokyo

※For location map and detailed information, please refer to The National Art Center, Tokyo:

<https://www.nact.jp/english/information/access/index.html>

Contact

National Center for Art Research, Creative Forum Team

Email: forum@artmuseums.go.jp / Tel: 080-8736-4181

Reception hours: Monday to Friday 10:00 AM-5:00 PM, excluding public holidays. Service is available until 3:00 PM on Saturday, 7 October.

Art, Health & Wellbeing

Enhancing Wellbeing with Museums

Explore the relationship between museum activities and health.

Hear stories about art and wellbeing.

Watch, listen & think: A forum for collaboration and co-creation.

Sunday, 8 October 2023

Venue: 3rd Floor Auditorium, The National Art Center, Tokyo

Capacity: 100 people at venue / 500 people online

Fee : Free (limited seats, please register early!)

Japanese-English simultaneous interpretation, Japanese sign

language interpretation, and Japanese live transcription support will be available

Organisers



Co-organiser



National Center for Art Research

TOKYO GEIDAI

BRITISH COUNCIL

Forum

Interest in the connection between health and wellbeing, and art and cultural activities, is growing around the world. The National Center for Art Research (NCAR) has partnered with Tokyo University of the Arts, in collaboration with the British Council, to hold this forum to celebrate art and cultural activities that have a positive impact on health and wellbeing. This year's forum will focus on the UK, which has been a pioneer in the field. There, policy initiatives that support health and wellbeing by connecting people to the arts and cultural sectors have seen significant successes. Museums are infinitely rich cultural resources with the capacity to create experiences that enhance people's quality of life. They offer so much potential for human connection, and these experiences can truly enhance wellbeing, cultivate dialogue, and support important new avenues for research. Whilst the architectural space of the museum itself is important, so too are the examples of museums making use of their collections and collaborating with local health services and social sectors. Local cultural policies are promoting activities in this area, and universities and other institutions are conducting research on the connection between art and health. In this forum, we will learn about such cases and the stories behind them, and will together consider the current activities and future vision of the arts and culture sector that have the potential to enhance wellbeing for all.



Art, Health & Wellbeing

Programme

During Inspiration Talks 1 and 2, we will have four speakers from the UK. In the Dialogue Session and Reflection Session, participants will talk in groups and hear about initiatives from Japan and the UK. *1

Japanese-English simultaneous interpretation, Japanese sign language interpretation, and Japanese live transcription support will be available



Sunday, 8 October 2023 10:00 AM-5:00 PM
(Registration desk opens at 9:30 AM)

○Opening Remarks

MC: Akiko Ichijyo (National Center for Art Research)

○Introduction

Sawako Inaniwa (National Center for Art Research)

○Inspiration Talk 1

- Esme Ward (Manchester Museum) *2
- Ruth Edson (Manchester Art Gallery)

○Lunch Break

○Inspiration Talk 2

- Carol Rogers (House of Memories / National Museums Liverpool)
- Mark Miller (Tate)

○Dialogue Session

Facilitator: Tatsuya Ito (Tokyo University of the Arts)

- Jane Findlay (Dulwich Picture Gallery)
- Hayato Fujioka (Tokyo Metropolitan Art Museum)

Group Chat and Feedback *3

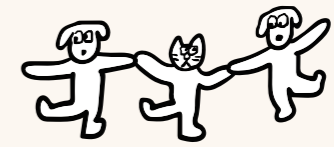
○Reflection Session

*1 Programme may be changed without notice.

*2 Speech will be delivered by video.

*3 There will be no live streaming as it will be a group interactive format.

Speakers



Sawako Inaniwa

National Center for Art Research
Senior Curator, Learning



Sawako holds a master's degree from University College London. She was Chief of Learning and Public Projects and curator at the Tokyo Metropolitan Art Museum. Focusing on social issues, she planned and ran community-based initiatives like the Tobira Project and Creative Ageing Zuttobi, responding to Japan's rapidly ageing society. She is the author of several books in Japanese and, in English, co-author of "New Museum Practice in Asia" (Lund Humphries Pub Ltd, 2018) and "Designing Society Through Art: A Collaboration Between Citizens and Cultural Institutions" (Shogakukan, 2021).

Ruth Edson

Manchester Art Gallery and Platt Hall
Learning Manager: Communities



Ruth is the Community Learning Manager for both Manchester Art Gallery and Platt Hall. She has extensive experience of co-producing exhibitions and programmes in partnership with communities, artists, charities, and academics within galleries and museums, working with local authorities, and in a freelance capacity. Ruth is passionate about placing museums and galleries at the heart of solutions that offer creativity as a means of generating societal change. Over the past three years, she has led and curated Uncertain Futures; a collaborative art and research project addressing intersectional inequalities facing women over 50 in relation to work and ageing.

Mark Miller

Tate
Director of Learning



Mark is the Director of Learning across Tate Modern, Tate Britain, Tate St Ives, and Tate Liverpool. He has over 25 years of experience in informal learning settings centring historical, modern, and contemporary art as a generative force for interdisciplinary creative learning engagement. Mark has worked at Tate for 16 years as Convenor of Young People's Programmes and Head of Programmes and Practice at Tate Britain and Tate Modern as Director of Learning. His role leads the vision, strategy, implementation, and outcomes for creative learning programs at Tate.

Jane Findlay

Dulwich Picture Gallery
Head of Programme and Engagement



Jane is Dulwich Picture Gallery's Head of Programme and Engagement with responsibility for the Gallery's exhibitions and learning activities. She specialises in audience development, participation, and interpretation. In 2021 she curated the critically acclaimed "Helen Frankenthaler: Radical Beauty" exhibition. She has worked in learning and engagement in UK museums and galleries for 16 years. Her experience spans the British Museum, National Maritime Museum, Kenwood House, and the London Transport Museum.

Esme Ward

Manchester Museum
Director



Esme is the Director of Manchester Museum; Honorary Professor of Heritage Futures at the University of Manchester; Co-chair of the University Museums Group representing university museums on the National Museum's Directors' Executive Council and is Environmental Sustainability Lead for Manchester Cultural Leaders Group. Esme leads cross-sector collaboration with citizens and communities across the city to shape the museum they most need, with a mission to build understanding between cultures and a more sustainable world.

Carol Rogers

National Museums Liverpool
Director of House of Memories



Carol leads the multi-award-winning House of Memories, a flagship dementia awareness programme for National Museums Liverpool. House of Memories is making a difference to people living with dementia, their carers, families, and communities. More than 60,000 people have benefited from the programme, which continues to expand across the UK and globally. In January 2015, Carol was acknowledged by HRH Queen Elizabeth II and awarded an MBE (Member of the British Empire), for her role leading House of Memories.

Tatsuya Ito

Tokyo University of the Arts
Project Associate Professor of the Public Collaboration Center



Tatsuya obtained a PhD at Tokyo University of the Arts, specialising in Art Education. He is the project leader of Arts-based Communication Platform for Co-creation to Build a Convivial Society led by Tokyo University of the Arts. He has been involved in the planning of a wide variety of cultural programs, including the Tobira Project, an art community formation project developed in collaboration with Tokyo Metropolitan Art Museum and Tokyo University of the Arts. He is co-author of "Designing Society Through Art: A Collaboration Between Citizens and Cultural Institutions" (Seigensha, 2018) and "Classroom for Care and Art" (Sayusha, 2022).

Hayato Fujioka

Tokyo Metropolitan Art Museum
Curator



Hayato graduated with a master's degree from Central Saint Martins, University of the Arts London, majoring in cultural theory and curation. From 2018, he served as a Project Assistant Professor of Global Art Practice at Tokyo University of the Arts and has worked on various cultural projects as a researcher, curator, and filmmaker. Since 2021, he has served as the curator of the Learning and Public Projects division at Tokyo Metropolitan Art Museum, responsible for the Creative Ageing Zuttobi program for older adults.